

## Wirral Joint Strategic Needs Assessment Bulletin

October/November 2016

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Dear John,

Welcome to the October/November edition of the Wirral JSNA Bulletin ...

The big news is our [Wirral JSNA 2016 Key Issues Survey](#) ... our third invite for you to reflect upon the issues we face aligned to what you know, what you see as assets in your community and ensuring the JSNA works for you... please take the survey [here](#)...

Also the usual new and latest information for you such as local Diabetes update, a new refreshed local view to the impacts of climate change, health and our resilience to changing weather and onto all things physical activity and how well Wirral is being active!

Keep in touch if you have any information, local content or news we can share ....

Kind regards as always ....

John - JSNA Programme Lead [johnhighton@wirral.gov.uk](mailto:johnhighton@wirral.gov.uk) or [Access Wirral JSNA website here](#)

### Local JSNA Updates and Content

[Wirral JSNA 2016 Key Issues Survey](#) .... This is our third review of what the JSNA suggests are the issues affecting Wirral residents ...and your chance to tell me if this is right, what you know plus what assets you have in your community and how the JSNA works for you...[Use this link to take the survey](#)

[JSNA Diabetes Section](#) (October 2016)

[Climate and Health JSNA](#) (October 2016)

[Wirral JSNA Dementia Section](#) (October 2016)

To add to the content we already share with you we are currently developing our local [Dementia JSNA](#) section and I am asking if you have any content in the following areas - local views of people with dementia and/or their Carers views and local current services and opportunities or anything we can consider ... then please get in touch with me via this link [here](#)

[Wirral Profile \(Sport England Local Sport Profile Tool\)](#) (Latest)

The Local Sport Profile provides local partners and councils with a profile of up-to-date data for their local area, covering sports participation, facilities, health, economic and demographics, all in one place. This simple tool contains locally available data on a range of topics but please be aware other content in our JSNA (e.g. demographics) maybe more recent - please consider all available data. [Click here to access the 2016 profile for Wirral](#) (give it time to open :-)

[Merseyside Sport Partnership: Active People Survey 9 and an overview of Merseyside Local Authorities](#)

They have undertaken this important review of the [ninth national active people survey](#) in terms of patterns of physical activity, sport and groups across Merseyside and Wirral who are being active and when. Although Wirral is well placed for participation across Merseyside there are groups that continue to need support to increase their level and frequency of physical activity. The report can be viewed [here](#) or find out more about Merseyside Sport Partnership [here](#)

### Other recent highlights include:

- MOSAIC Parliamentary Constituencies profiles [here](#)
- Wirral JSNA: Overview of needs for Children, Young People and Families [here](#)
- Wirral Stats Compendium 2016 [here](#) or webpage [here](#)
- [Local Tobacco Control Profiles for Wirral](#)
- [Previous Bulletins](#)

## Local News

### [Seasonal Flu Campaign begins now](#) ...

This leaflet explains how you can help protect yourself and your children against flu this coming winter, and why it's very important that people who are at increased risk from flu have their free flu vaccination every year. If you belong to one of the groups in this leaflet, then you should have your flu vaccination before soon so contact your GP or your Pharmacy to get your flu jab today.... View the leaflet [here](#)

### [Boundary Review – 2018 Proposals covering Wirral](#)

The Boundary Commission are currently conducting a review of Parliamentary constituency boundaries on the basis of rules set by Parliament in 2011. These rules require them to reduce the number of constituencies in the UK and make more equal the number of electors in each constituency. To understand what this means to where you live then please consider North West proposal [here](#) and Boundary Commission consultation [here](#)

October Healthwatch Wirral Newsletter [here](#) Previous editions [here](#) and website [here](#)

Wired Carers latest E-news [here](#)

[Don't be left in the dark. Call 105](#) ...When the power goes out, it can leave people feeling unsure about what to do – but now this new number is available to call if you have a power cut.

For more details visit <http://www.powercut105.com/>

### [Wirral Mental Health Services Survey](#) (October 2016)

NHS Wirral is asking people to share their views of mental health services to help improve future care across Wirral. They'd really like to hear from you if:

- You have accessed local health services over the past 2 years or are close to someone who has used these services e.g. a family member
- You haven't accessed local mental services over the past two years but have wanted to

**Paper copies** of the questionnaire are available from **Wirral CCG reception**, Old Market House, Hamilton Street, Birkenhead, CH41 5AL and from **Healthwatch Wirral**, Pacific Road Business Hub, Unit G3, Birkenhead, CH41 1LJ. The survey closes at 5pm on Monday 7th November.

Please click the following link to view the survey; [Wirral Mental Health Survey October 2016](#)

## More information

Four in 10 children not going to dentist, NHS figures show [view here](#)

### [PHE publishes data showing more people are living with cancer than ever before](#)

PHE's National Cancer Registration and Analysis Service (NCRAS), in partnership with Macmillan Cancer Support, has [released new figures](#) showing that there were 1.87 million people living with and after a cancer diagnosis in England at the end of 2013. The new analyses suggest that in five years the cancer population has increased by 200,000. For more information read the Public Health Matters blog post [here](#)

### [National Diet and Nutrition Survey published](#)

Children aged 4 to 10 years are consuming more than double the recommended amount of sugar, although their consumption of sugary drinks has fallen slightly compared to six years ago. The [National Diet and Nutrition Survey](#) looks at the food and nutrient consumption of the UK population. The survey also confirms that the UK population continues to consume too much saturated fat and not enough fruit, vegetables and fibre.

The 20 somethings of today, as the generation that grew up through the 90s and 00s, have faced a different adult world to the generations that came before them... see why [here](#)

Effective Health and Wellbeing Boards - [findings from 10 case studies](#)

### [The Damage of Debt: The impact of money worries on children's mental health and well-being](#)

September 2016. This Children's Society report examines the links between problem debt and the mental health and emotional well-being of children and young people. View [here](#)

[We can solve poverty in the UK!: a strategy for governments, businesses, communities and citizens](#)

This comprehensive strategy from the Joseph Rowntree Foundation sets out recommendations on how all of us can act to solve poverty. View JRF content [here](#)

[Measuring and monitoring children and young people's mental wellbeing toolkit](#)

Commissioned by Public Health England, this mental health toolkit is for schools and colleges will help them think through why and how they might choose to measure student mental wellbeing with the help of validated survey questions. Toolkit [here](#) plus more information [here](#)

[National Child Measurement Programme \(NCMP\) trends report](#) (October 2016)

This report shows changes in children's body mass index (BMI) between 2006/7 and 2014/15. The NCMP takes annual height and weight measurements from over a million children in Reception (age 4-5 years) and Year 6 (age 10-11 years) in state maintained primary schools in England. It shows that there is a downward trend in obesity in Reception boys and girls. In Year 6 there is an upward trend in obesity among both boys and girls although the rates of increase are slowing down compared with last year. The report also shows that in both Reception and Year 6 inequalities in obesity are widening between the most deprived and least deprived children and also between white British and most other ethnic groups. View report [here](#) and Wirral Profile [here](#)

[Developing mental health services for veterans in England](#) (September 2016)

NHS England has published its [report into the findings](#) from the recent national engagement on NHS Veterans' mental health services. View report [here](#)

[Tuberculosis in England 2016 report](#) (October 2016)

[Health Economics and Return On Investment](#) – Government approaches (September 2016)

PHE has [published a new report](#) that summarises learning from how other government departments approach return on investment in areas that have a significant impact on health, such as education, employment, housing, transport and environment. A summary of documents and tools is presented, highlighting areas of key learning for local agencies, including five case studies demonstrating good practice. View report [here](#)

[Inequalities in Mental Health Cognitive Impairment and Dementia Among Older People](#)

The likelihood of having good physical and mental health in later life in England is not evenly distributed across the population and there is a social class gradient in life expectancy, and disability free life expectancy. This report focuses on inequalities in the experience and prevalence of poor mental health, cognitive impairment and dementia and the impact of social isolation, lack of mental stimulation and physical activity, before and after retirement, and in later old age. These issues can exacerbate the risks of poor mental health, cognitive impairment and dementia in later life and are experienced disproportionately by people in lower socio economic groups. Access report [here](#)

[The good childhood report 2016](#)

The Good Childhood Report 2016 is the fifth in a series of annual reports published by The Children's Society about how children in the UK feel about their lives. The latest report shows a growing gap in happiness between girls and boys, with girls being particularly unhappy with their appearance. Access all reports [here](#)

[Supplementary section](#) ... when there's not enough space in the main bulletin ...always more [here](#)



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