

**Wirral Joint Strategic Needs Assessment Bulletin****October 2014****Not displaying properly? Access this bulletin online**

«GreetingLine»

Welcome to our October JSNA Bulletin ...

New information for you to peruse and consider in this edition includes:

- 2014 Wirral Compendium of Health Stats
- New Falls (Older People) section
- New Diabetes section
- New Eye Health (Adults) section

Plus other highlights on our local approach to the national 'Stoptober' campaign, public health outcomes profile for Wirral and our progress on Marmot Indicators of Health Inequalities.

As always let me know if you have anything to add to our JSNA, to share with other bulletin readers or general curiosity about Wirral JSNA

Kind regards,

John

JSNA Programme Lead [johnhighton@wirral.gov.uk](mailto:johnhighton@wirral.gov.uk) or [Access Wirral JSNA website here](#)**Latest Versions**[Eye Health \(Adults\)](#)[Falls \(Older People\)](#)[Diabetes](#)[Adult Obesity](#)[Child Poverty](#)[Climate & Health](#)[Military Vets](#)[Black & Minority Ethnic Groups](#)[Housing & Homelessness](#)[Carers](#)[Alcohol](#)[Drugs Misuse](#)[Long Term Conditions](#)[Health Inequalities](#)[Population](#)[Health & Wellbeing](#)[Older People](#)[Mental Health](#)[Children & Young People](#)[Sexual Health](#)[Autism](#)**Useful  
Links**[Public Health Outcomes Framework](#)[Asthma in Wirral Atlas](#)[Excess Winter Deaths Atlas](#)[Local Authority Health Profiles](#)[Health Inequality Indicators for Local Authorities](#)[Older People's Health and Wellbeing Atlas](#)[Other useful content \(Updated December 2013\)](#)[Access Wirral JSNA website here](#)

## Local Updates

### [Wirral Compendium of Health Statistics](#)

Our compendium has been produced annually for the last six years and is intended to be a quick reference guide to the most recent and commonly requested information on population and health in Wirral. The new compendium can be accessed [here](#)

### [New Diabetes section published](#)

Access the section [here](#)

### [New Eye Health \(Adults\) section published](#)

Access the section [here](#)

### [New Falls \(Older People\) section published](#)

This new section provides some information on Falls predominantly by older people. As with all JSNA content it can be developed over time as and when completed and new information becomes available. Access the section [here](#)

### [Wirral Public Health Outcomes Framework Profile](#)

Healthy lives, healthy people: Improving outcomes and supporting transparency sets out a vision for public health, desired outcomes and the indicators that will help us all to understand how well public health is being improved and protected. The outcomes in the profiles reflect a focus not only on how long people live but on how well they live at all stages of life. Wirral's latest profile can be viewed [here](#)

### [Wirral JSNA Evaluation Factsheets: there to help you with all things evaluation...](#)

Just a reminder not to forget this great resource ... We recently updated and added to the Evidence Factsheets available on the JSNA website. The evidence factsheets are a very useful resource for everyone that provides information about all aspects of evidence, research and evaluation. Evidence based working is crucial to making the best use of resources and providing and commissioning the best services. New factsheets include '*Logic modelling & an outcomes based approach*', '*Social value*' and '*Social return on investment (SROI)*'. Please see the updated and newly added fact sheets [here](#).

### [Marmot Indicators of Health Inequalities – New figures released for Wirral](#)

The Institute of Health Equity (IHE) released the Marmot Indicators of Health Inequalities in the form of a short summary of data for each upper-tier local authority and an accompanying report. These will update and expand an indicator set first published in 2011. Access Wirral's report is [here](#)

### [The Stoptober challenge is back!](#)

Stoptober - the 28-day national stop smoking challenge is back! Stopping smoking for 28 days means you're five times more likely to stop for good. Stoptober is the nation's biggest mass participation stop smoking challenge ever! Last year over 250,000 people took part in England and Wales. Will you be one of them this year? Whatever your motivation to stop smoking you are four times more likely to stop smoking with the help of NHS Stop Smoking Services. Last year 1,727 people quit through Wirral's local stop smoking services. To take part - visit [smokefree \(official Stoptober webpage\)](#) and get ready for the 28-day smokefree challenge. If you would like to make an appointment with your local stop smoking service or to find out what support is available call the Livewell team at Wirral Community NHS Trust on 0151 630 8383 or visit [www.wirralct.nhs.uk](http://www.wirralct.nhs.uk) or contact your GP.

## News stories

### [Commuting by walking or cycling 'can boost mental wellbeing'](#)

New research on walking and cycling supports NICE recommendations that active travel can help boost mental wellbeing. Researchers found that people who walked or cycled to work benefitted from improved mental wellbeing compared with those who travelled by car. Access the report [here](#)

### [0 to 25 SEND code of practice: a guide for health professionals](#)

This guide is designed to help clinical commissioning groups, local authorities and health professionals understand their statutory duties in relation to the special educational needs and disability reforms in the Children and Families Act 2014. The guide can be accessed [here](#)

### [Children with special educational and complex needs: guidance for health and wellbeing boards](#)

This guidance informs local Health & Wellbeing Boards about how best to oversee changes made by the Children and Families Act 2014 which introduced a new statutory requirement for local services to work together. Now councils, CCGs and education services are collaborating when assessing, commissioning and implementing care plans for children with SEN and disabilities. Health & Wellbeing Boards are responsible for ensuring that effective implementation is taking place. Guidance is [here](#)

### [CQC annual mental health survey of mental health services in England](#)

This year's survey of 13,500 frequent users of mental health services found:

- a third of patients do not know where to go in a crisis
- just over half said they were given information about drugs
- 57 percent said they were involved in planning their care as much as they wished.

The CQC has stated that services must improve. Access the report [here](#)

### [Alcohol-related liver disease 'hotspots' charted](#)

Areas of the north-west and north-east of England have the highest rate of emergency hospital admissions for alcohol-related liver disease in the country, new figures show. The Health and Social Care Information Centre (HSCIC) has published a regional map of emergency admissions with new data for commissioners. Access the map [here](#) and full report [here](#)

### [Local action on health inequalities: evidence papers](#)

This series of evidence reviews cover the following topics: early intervention, education, employment, ensuring a healthy living standard for all, and healthy environment. The papers include evidence, practical points and case studies on approaches and actions that can be taken by local authorities on a range of issues to reduce health inequalities ([overview here](#)). They are not systematic or comprehensive reviews of a topic, but rather discussions that bring together key evidence and expert advice to provide practical information that can be applied in local work to reduce health inequalities. Reports are [here](#)

### [Spend and outcome tool \(SPOT\): local authorities](#)

This tool gives local authorities in England an overview of spend and outcomes across key areas of business and for public health and its sub-programmes. Access the online tool [here](#)

### [Supporting influence on health and wellbeing boards: report from survey Spring 2014](#)

This paper presents the findings from a survey looking at how the voluntary and community sector is engaging with health and wellbeing boards. Access the survey results [here](#)

### [Preventing suicide: a global imperative](#)

This report aims to increase awareness of the public health significance of suicide and suicide attempts and to make suicide a higher priority on the global public health agenda. The report provides a global knowledge base on suicide and suicide attempts as well as actionable steps for countries based on their current resources and context. Access the report [here](#)

## In short...

- [“Echoes of an Era” A night of the Best in Irish Folk, Country and Rock Music](#) celebrating the Liverpool Irish Festival (23<sup>rd</sup> October – 2<sup>nd</sup> November 2014)
- [All Military Members Organisation or A.M.M.O - July Newsletter](#) from Wirral support group for ex-military personnel and veterans
- [LGBT Cultural Competency Training](#) - looks at what it means to be Lesbian Gay Bisexual or Transgender, particularly in relation to recent legislation changes. Flyers here for [November 2014](#) & [December 2014](#) courses
- September Healthwatch Wirral Newsletter ... [here](#)

## Previous highlights

- [Bids invited for ‘Your Wirral’ grant programme](#)
- [Wirral Vision 2018: new webpage to access the latest information](#)
- [Wirral Child Health Profile 2014](#)
- [Cardiovascular disease profiles for Wirral \(2014\)](#)
- [Due North: Inquiry on Health Equity for the North](#)
- [Obesity Factsheets](#)
- [Previous Local Health Profile](#)
- [Local Alcohol Profiles for England \(LAPE\)](#) including [2014 Wirral report](#)
- [A brief update on life expectancy in Wirral](#)
- [Public Health Annual Report for Wirral \(2013\)](#)
- [Previous 2013 Compendium of Health Statistics for Wirral](#)
- [Wirral Economic Profiles \(Previous 2011 - 2014\)](#)
- [Wirral JSNA Easy Read content](#)
- [Access Wirral JSNA website here](#)

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