

Wirral Joint Strategic Needs Assessment: Key Issues:



Health and wellbeing

Version 2 - June 2013

- People who live in the richer areas of Wirral are likely to live longer than the people who live in the poorer areas.



- Many men die from causes that could be prevented. This might be because men do not see their doctors quickly enough.



- More men in Wirral die from liver disease than the average for England. This is mainly caused by drinking too much alcohol.

- Many women in Wirral suffer from breathing problems and the numbers are rising. This will probably become a bigger problem in the future.



- There are probably as many as 2800 people in Wirral who have diabetes and do not know it. Diabetes is a problem with the way that your body deals with sugar and can lead to very serious problems if it is not treated.

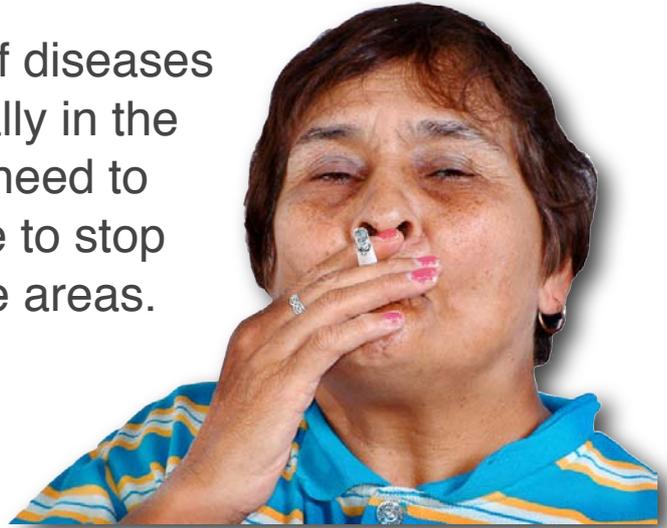


- There are probably as many as 35,500 people in Wirral who have high blood pressure and do not know it. They are at risk of heart disease and stroke.



- People who put on too much weight are at risk of diabetes and heart disease.

- There are a large number of diseases caused by smoking especially in the poorer areas of Wirral. We need to carry on trying to get people to stop smoking, especially in these areas.



- There are a lot of people staying in hospital longer than required.

- There are a lot of pregnant women going into hospital as an emergency. There are about 3 emergencies for every baby born in Wirral. This is a higher rate than the average for England.



For more information or if you have any questions please contact Wirral's Joint Strategic Needs Assessment (JSNA) Lead on 0151 606 2000. If you would like to receive the Wirral JSNA Bulletin please email to

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